

Karen Copeland, Copeland Consulting
465 Stony Point Rd. #177
Santa Rosa, CA 95401
Cell 415-902-4959
Karen@KarenCopeland.com

Copeland Consulting Programs and Services

Training Programs

For Leaders

- Process Leadership
- Strategic Planning
- Business Planning
- Succession Planning
- Visioning
- Coaching Skills and Methods
- Performance Management
- Supervisory Skills
- Facilitation Skills
- Situational Leadership

For Teams and Groups

- Self-Directed Teams
- Meeting Management
- Team-Building
- Problem-Solving
- Decision-Making
- Conflict Resolution
- Interpersonal Communication Skills
- Negotiation Skills
- Project Management
- Sexual Harassment
- Diversity Training
- MBTI
- Creative Problem-Solving
- Total Quality Improvement
 - Includes Work Flow Mapping

For Internal H.R. & Training Pros

- Train-the-Trainer
- Needs Assessment
- Training Design
- Behavioral Interviewing
- Performance Management and Individual Development

Assessments

- Meyers Briggs (MBTI)
- Personal Profile System *(DISC)
- CDR 3 Dimensional Suite

Coaching Skills Development

- Situational Coaching for Managers
- Adult Learning Theory
- Supervisory Skills

For Individuals

- Interviewing Skills
- Developing EQ (Emotional Intelligence)
- Successfully Navigating the Stages of Adult Development

Services

Coaching

- Coaching for Trainers/Workshop Leaders, Facilitators and Speakers
- Executive Coaching

Facilitation Services

- Future Search
- Open Space
- World Café
- Meeting Facilitation
- Scenario Planning
- Negotiation/Mediation

Organization Development

Services I **nclude:**

Cultural change, process consulting, continuous improvement, surveys and assessments, talent management, knowledge management and strategic measurement